



Breakfast with Santa

December 3, 9 a.m. (Registration due November 28)

December 10, 9 a.m. (Registration due December 5)

Adults (12 and up): \$7
Children (4 to 11): \$5
Children (1 to 3): \$3

Children and Youth must
be accompanied
by a paying adult

Each child will receive a photo
with Santa and a gift bag.
Additional photos are
available for \$3.



Join us for the Annual Christmas Tree Lighting and Walk with Santa!

Monday, December 5, 2011
Tree Lighting is at 6:00 p.m. SHARP
Followed by a walk with Santa

Other festivities inside the Fitness Center
following the walk: Free visits with Santa
(Picture cost \$3 each); Candy Cane Hunt;
Free kids crafts; Free Face Painting; Free
Cocoa and Cookies; Program Demonstrations

Tae Kwon Do (For ages 8 & older)

A fitness program for the whole family with
four Black Belt instructors. Other forms of
martial arts are taught.

Tuesdays and Thursdays

New/Beginner: 7 - 7:45 p.m.

Intermediate/Advanced: 7:45 - 8:30 p.m.

Members, \$30; non-members, \$40 (monthly)

West Valley Dance Force

Sessions begin in January

Choose from a variety of formats that
include: Ballet, Jazz, Combo, Tumbling,
Hip-hop and more.

Beginning, Intermediate and Advanced
Classes are offered

Fees:

Member: \$28 per month
Non-member: \$30 per month
Additional class: \$15 per month
Unlimited Classes: \$65 per month

A one-time yearly registration
fee of \$10 is required.

For additional information about
registration or dance classes please
call the dance hotline at 801-955-4030
or visit www.wvdanceforce.blogspot.com

Busy Bee

This twice-a-week program is designed
for 3 to 5 year olds (must be potty
trained), and features a variety of
activities including arts & crafts, music,
letter & number recognition, and more!

Members - \$45/month
Non-Members - \$50/month

Registration deadline is the 25th of the
month prior to the month enrolling and is
done on a month-to-month basis
(\$5 late fee after deadline).
Class size is limited so sign up early!

Sessions offered (choose either):
Mondays & Wednesdays
9 a.m. to 11 a.m. or 12 p.m. to 2 p.m.

Tuesdays & Thursdays
9 a.m. to 11 a.m.

For more information, call
(801) 955-4000.

Host Your Next Birthday Party at the Family Fitness Center

Who: 10 kids & 2 Adults
When: Monday-Sunday
Where: Party room A, B, or Edutainment
Fees: Option 1 \$70
Option 2 \$90
Option 3 \$120

**All Options include the following: (for addi-
tional charge, cake, invitations and themed deco-
rations can be added)**

Includes: 10 Kids and 2 adults, Party room for
2 hours & entrance into facility, 12 hotdog & chips,
2 pitchers of soda (Pepsi products) & 1 pitcher of
water, Party Favor & Basic Decorations.

**(Additional hotdog & chips must be ordered
at time of reservation.)**

(*No Cake included in this option)

**No outside food or drinks or birthday cakes
allowed.**

**Reservation must be made ONE WEEK in
advance.**



5415 West 3100 South, West Valley City, UT 84120 (801) 955-4000 www.WestValleyFitnessCenter.org
Facility Hours: M-F 5 a.m. - 10 p.m. Saturday 6:30 a.m. - 9 p.m. Sunday 10:30 a.m. - 5 p.m.
Lap Swim: M-F 5 a.m. - 9 p.m. Saturday 6:30 a.m. - 8 p.m. Sunday 11:30 a.m. - 5 p.m.
Open Plunge: M-F 11:30 a.m. - 9 p.m. (slide opens at 5 p.m.) Saturday 11:30 a.m. - 8 p.m. Sunday 1 p.m. - 4 p.m.

